

Rhode Island Municipal Police Academy Pre-Test or Aquatic Skills Evaluation

The following prerequisites must be attempted during the first course meeting and are used to show the level of the student's ability in the water:

- Swim 200 yards, 8 laps, continuously.
- Tread water for 10 minutes.
- Surface dive to a depth of 7 feet to 12 feet, retrieve an object and bring it to the surface.
- Swim a distance of 30 feet or 5 body lengths underwater.

The Written Test:

- Consists of a 25 question multiple-choice test to be completed in 20 minutes.
- Participants must achieve a score of 70% or better. Those who do not score 70% or better may take a similar test at a later date.

The Practical Skills Test:

- Students will conduct a stride-jump entry to a passive victim in deep water; and using a single armpit tow, return the victim to safety.
- Students will execute a long-shallow dive to an active victim; and using a ready position, extend their shirt to the victim and tow them to safety while maintaining visual and vocal contact.
- Students will perform a compact jump to an active victim. During the approach, the victim goes underwater. The rescuer must locate and return the victim to the surface.
- Students will perform an ease-in entry to a facedown victim simulating a spinal injury; properly turn the victim to a face-up position; and support the victim for a short period of time.